



SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ADULTS GI ALL LEVELS 6AM - 7AM		ADULTS GI ALL LEVELS 6AM - 7AM		ADULTS NOGI ALL LEVELS 6AM - 7AM	
	PRIVATE CLASS 9AM - 11AM		PRIVATE CLASS 9AM - 11AM		KIDS 7-14 TEEN WARRIORS Beginners/ Advanced 10AM - 11AM
					OPEN MAT 11AM - 12PM
PRIVATE CLASS 2PM - 4PM	KIDS 3-6 LITTLE WARRIORS 4:15PM - 5PM	PRIVATE CLASS 2PM - 4PM	KIDS 3-6 LITTLE WARRIORS 4:15PM - 5PM	PRIVATE CLASS 2PM - 5PM	
KIDS 7-14 TEEN WARRIORS Beginners/ Advanced 5PM - 6PM	KIDS 7-14 TEEN WARRIORS Beginners/ Advanced 5PM - 6PM	KIDS 7-14 TEEN WARRIORS NOGI Beginners/ Advanced 5PM - 6PM	KIDS 7-14 TEEN WARRIORS Beginners/ Advanced 5PM - 6PM		
ADULTS GI ALL LEVELS 6PM - 7PM	MAT 1 WOMEN'S ONLY CLASS 6PM - 7PM	ADULTS NOGI ALL LEVELS 6:15PM - 7:30PM	MAT 1 WOMEN'S ONLY CLASS 6PM - 7PM	ADULTS NOGI ALL LEVELS 6PM - 7:15PM	
ADULTS GI LIVE ROLLS 7PM - 7:45PM	MAT 2 ADULTS GI FUNDAMENTALS 6PM - 7PM	STRENGTH & CONDITIONING EXTRA WORK AFTER CLASS 7:30PM - 8PM	MAT 2 ADULTS GI FUNDAMENTALS 6PM - 7PM		
	ADULTS GI LIVE ROLLS 7PM - 7:45PM		ADULTS GI LIVE ROLLS 7PM - 7:45PM		