

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 am - 7:00 am Adults Gi: All Levels	4:15 pm - 5:00 pm Kids: Little Warriros (ages 3-6)	6:00 am - 7:00 am Adult NoGi: All Levels	4:15 pm - 5:00 pm Kids: Little Warriors (ages 3-6)	6:00 am - 7:00 am Adult Gi: All Levels	10:00 am - 11:00 am KIDS: Teen Warriors
6:00 am - 7:00 am Private Class	5:00 pm - 6:00 pm Kids: Teen Warriors (Beginners & Advanced)	9:00 am - 11:00 am Private Class	5:00 pm - 6:00 pm Kids: Teen Warriors	9:00 am - 11:00 am Private Class	11:00 am - 12:00 pm Adult Gi: Beginners
2:00 pm - 4:00 pm Private Class	6:00 pm - 7:00 pm Women's Jiu-Jitsu	2:00 pm - 4:00 pm Private Class	6:00 pm - 7:00 pm Women's Jiu-Jitsu		11:00 am - 11:30 am Intro Workout
	6:00 pm - 7:00 pm Adults Gi: Beginners		6:00 pm - 7:00 pm Adults Gi: Beginners	6:00 pm - 7:00 pm Adult NoGi: Beginners	12:00 pm - 1:00 pm Open Mat
5:00 pm - 6:00 pm Kids: Teen Warriors (Beginners & Advanced)	7:00 pm - 8:00 pm Adults Gi: Advanced	5:00 pm - 6:00 pm Kids NoGi: Teen Warriors	7:00 pm - 8:00 pm Adults Gi: Advanced	7:00 pm - 8:00 pm Adults NoGi: Advanced	
6:00 pm - 6:50 pm Adults Gi: Beginners	8:00 pm - 8:30 pm Adults Gi: Open Training	6:00 pm - 6:30 pm Intro Workout	8:00 pm - 8:30 pm Adults Gi: Open Training		
7:00 pm - 8:00 pm Adults Gi: Advanced		6:30 pm - 8:00 pm Adults Gi: Beginners and Advanced			
8:00 pm - 8:30 pm Adults Gi: Open Training					